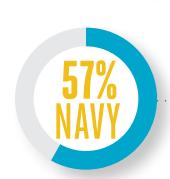


# COMBATING PAIN

## MILITARY PAIN

#### MILITARY DISCHARGES DUE TO MUSKULOSKELETAL PAIN [1]





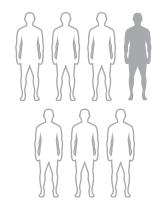


\*Based on UK service members returning from Afghanistan and Iraq May 2013

## MILITARY VETERANS



Almost as likely to suffer from chronic pain than general population<sub>[2]</sub>



=68,000 veterans

Roughly 1 in 7 veterans currently take opioids to manage pain [3]

#### **WORKING STANDING**



IIPPFR RACK **CREASED** BY



# OTHER BENEFITS

#### STANDING WHILE WORKING ALSO BOOSTS:









ENERGY[4]

MOOD[4]

STRENGTH [5]

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<sup>3.</sup> Childress, Sarah. "Frontline." PBS. N.p., 28 Mar. 2016. Web. 03 Aug. 2016. (http://www.pbs.org/wgbh/frontline/article/veterans-face-greater-risks-amid-opioid-crisis/).

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5. Skerrett, Patrick J. "The Many Benefits of Standing at Your Desk." Harvard Business Review. Harvard Business Publishing, 30 Aug. 2010. Web. 03 Aug. 2016. (https://bb.org/2010/08/the-many-benefits-of-standing.html).

<sup>6.</sup> Jonas WB, Schoomaker EB. Pain and Opicids in the Military We Must Do Better; JAMA Internal Medicine. 2014:174(8):1402–1403. (https://nccih.nih.gov/news/multimedia/infographics/military/text)